



Knox City - O'Brien CISD



606 East Main Street, Knox City, Texas 79529

Phone: (940)657-3621

Fax: (940)657-3379

Business Manager: Tammy Gonzales

Superintendent: Colin Howeth

PEIMS: Coordinator: Sharon Wainscott

School Health Advisory & District Wellness Plan Committee

2nd Quarterly Meeting Location: Knox City-O'Brien Administration Building - Board Room

AGENDA

A. Membership Update

B. KCOBCISD Wellness Policy Update

C. KCOBCISD Website Update – Creation of SHAC & Wellness Policy Sections

D. KCOBCISD Nutrition Newsletters Update - Wellness Activities & Resource List

E. New Non-Discrimination Statement – Child Nutrition

F. Other Information - Tabled by Committee



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MINUTES

SHAC membership rules & current membership were reviewed.

- The SHAC will continue to recruit additional parents. The committee agreed that it is important to support student mental health to better ensure proper physical and nutritional choices.

The committee reviewed a working copy of the KCOBCISD Wellness Policy.

- Committee was encouraged to help develop/update policy. Members will continue to review the document and provide feedback.

The committee was also informed of the upcoming Administrative Review by the Texas Department of Agriculture.

- KCOBCISD Child Nutrition Department has already begun ensuring a successful review.

The new USDA Non-Discrimination Statement was presented.

- KCOBCISD will update all related documents to reflect new statement.

Curriculum: The committee briefly discussed the health & sex education curriculums currently adopted & board approved for use within KCOBCISD.

- KCOBCISD Child Nutrition Department receives Nutritional Newsletters related to health & physical fitness that will provide a home-to-school connection for health topics.

The committee discussed the possibility of having Knox County Hospital District provide the required CPR training to KCOBCISD staff and designated days for flu shots to be administered on campus by KCHD.

- In addition, we discussed the number of AED's available throughout the campuses, and the donation of one AED by UIL and where it would be most useful.